# ANSAR WOMEN'S COLLEGE

Aftiliated to University of Calicut | Accredited with 'A' Grade by NAAC)

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### ASHWAS CLUB ANNUAL REPORT

Ashwas Club at Ansar Women's College presents its annual report for the academic year 2024-2025. Ashwas Club is a community-driven charity organization dedicated to uplifting underprivileged individuals and families through education, healthcare, and social welfare initiatives. Our mission is to create a more equitable and compassionate society Over the past year, the club has remained steadfast in its commitment to making a positive impact within the college community and beyond. Through a diverse array of initiatives and programs, the Ashwas Club has endeavored to address pressing societal needs, promote intergenerational understanding, and provide support to those in need.

Ashwas club Serves as a way to give back to the community by addressing a pressing need or providing assistance to those in need. It reflects the spirit of service and compassion, encouraging others to contribute to the betterment of society. The event can be an opportunity to raise awareness about the cause or organization being supported. A fundraising food fest brings the community together, fostering a sense of unity and shared purpose. It provides a platform for people from different walks of life to collaborate, interact, and work towards a common goal.

The inauguration of student association of pain and palliative care marked a significant milestone in promoting compassionate care among students. We look forward to a productive and meaningful journey.

The goal of palliative care is therefore to improve the quality of life of both patients and families by responding to pain and other distressing physical symptoms as well as to provide nursing care and psycho social and spiritual support.

We organized a charity drive to support mr. Nandan who is battling with acute milord leukemia. The Biriyani Challenge was organized to raise funds for Nandan, who is battling acute milord leukemia. The event aimed to engage the community in a fun and meaningful way while generating financial support for medical treatment.

The Biriyani Challenge was a great success in mobilizing the community for a good cause. Future editions of this event can help more individuals in need, with improved planning and outreach. Heartfelt appreciation to all students, faculty members, sponsors, volunteers, and supporters who contributed to making this event a success.

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PRINCIPAL ANSAR WOMENS COLLEGE Pain and palliative care visit was an enriching and eye-opening experience for students and faculty members who took part in this compassionate initiative. Organized as part of the college's social outreach program, the visit aimed to provide comfort, emotional support, and essential assistance to patients suffering from chronic illnesses. The visit reinforced the importance of palliative care and highlighted the role that students and the community can play in alleviating the pain and suffering of those in need.

ASHWAS CLUB CORDINATOR

PRINCIPAL

PRINCIPAL ANSAR WOMENS COLLEGE

## PROGRAMMES CONDUCTED UNDER ASHWAS CLUB 2024-2025

Inauguration of "student association for pain and palliative care"

Date: 07-11-2024

Description:

The programme was inaugurated by the Mr. Arif TA (Vice principal, AWC). In his inaugural speech Mr. Arif clearly stated that the importance of palliative care, touch and the humanity.

NASHEEDA TM (HOD, PGDCS) has addressed the gathering with her valuable words. Welcome address done by Asst.prof. SHARAFIYA (COORDINATOR OF ASWAS CLUB) Meghana anilkumar explained about the different aspects of pain and palliative care and how students can be a great support in providing the emotional, spiritual and physical support to patients. Brief description about the activities of students association for pain and palliative care by Vismaya Venugopal community welfare officer Thrissur







### 2. Biriyani challenge

Date: 07-02-2025

Description: We organized a charity drive to support mr. Nandan who is battling with acute milord leukemia. The Biriyani Challenge was organized to raise funds for Nandan, who is battling acute milord leukemia. The event aimed to engage the community in a fun and meaningful way while generating financial support for medical treatment.

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#### 3. Pain and palliative centre visit

Date: 19-02-2025

Desciption: Pain and palliative care visit was an enriching and eye-opening experience for student, and faculty members who took part in this compassionate initiative. Organized as part of the college's social outreach program, the visit aimed to provide comfort, emotional support, and essential assistance to patients suffering from chronic illnesses. The visit reinforced the importance of palliative care and highlighted the role that students and the community can play in alleviating the pain and suffering of those in need.





